



ST. CLOUD STATE UNIVERSITY

DISCOVER THE POWER OF YOUR STRENGTHS – EMPOWERING WOMEN TO LEAD WITH CONFIDENCE

Course Description:

Part of the Women in Leadership Series, this course introduces you to the Gallup Clifton Strengths assessment, a transformative tool designed to help you understand your natural patterns of thinking, feeling, and behaving. Instead of focusing on fixing weaknesses, Clifton Strengths highlights what you naturally do best — your unique talents — and shows you how to turn them into lasting strengths. In this empowering edition, special emphasis is placed on women's leadership, growth, and confidence-building. You'll explore how recognizing and leveraging your strengths can help you break barriers, amplify your voice, and lead with authenticity in both personal and professional spaces.

Course Length: **2 Hours**

Instructor: **Jodi Maus**

Individuals: **\$159.99**

Groups of 4 or more: **\$114.99 per person**

Price includes access to the Gallup Clifton Strengths Assessment and Profile

For each additionally registered course in the series, a 25% off coupon will be applied

Learning Outcomes:

In this course you will learn

- What Clifton Strengths is and why it matters.
- How strengths-based development can boost confidence, improve teamwork, and increase overall satisfaction.
- Gain deep insight into your Top 5 strengths and how they influence your everyday life.
- Explore how your talents impact decisions, relationships, and personal success.
- Apply your strengths to real-world situations and align them with your personal and professional goals.
- Discover how women can harness their strengths to lead with purpose, overcome challenges, and inspire others.

Questions? Contact **Professional and Continuing Education**

Phone: 320-308-6100

Email: Kassidi.Andres@stcloudstate.edu

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