

## BUILDING TRUST AND EFFECTIVE LEADERSHIP COMMUNICATION

## **Course Description:**

Part of the Women in Leadership Series, this course is designed to help women leaders strengthen their ability to build trust, foster positive communication, and navigate conflict in ways that support team growth, inclusion, and cohesion. Through reflection, discussion, and practical exercises, participants will explore how trust, empathy, and open communication shape effective leadership and long-term professional relationships. A special focus will be placed on women's empowerment in leadership — building confidence, advocating for one's voice, and creating environments where all perspectives are heard and valued.

Course Lenth: 2 Hours Instructor: Jodi Maus

Individuals: **\$124.99** 

Groups of 4 or more: \$89.99 per person

For each additionally registered course in the series, a 25% off coupon will be applied

## **Learning Outcomes:**

By the end of this course, participants will be equipped with practical strategies to:

- Build trust through transparency, empathy, and reliability.
- Communicate with clarity, confidence, and compassion.
- Address conflict in ways that strengthen relationships and enhance team performance.
- Empower women in leadership spaces through trust-based communication.

## Questions? Contact Professional and Continuing Education

Phone: 320-308-6100 Email: Kassidi.Andres@stcloudstate.edu

